Registration Form

Hosted by Lakewood Police Dept March 14-18th, 2011

Advanced Ground Control/Weapon Retention Instructor Class

Arrestling Coach Level – Defensive Tactics Training Group Leader

www.Arrestling.com

Location: Lakewood Police Department

9401 Lakewood Dr. SW Lakewood, WA 98499

Lakewood PD Contact: Detective Jeff Paynter

Lakewood PD/South Sound Gang Task Force Defensive Tactics Training Coordinator

9401 Lakewood Dr. SW Lakewood, WA 98499

253-552-4065

JPaynter@cityoflakewood.us

Course Contact Info: Sergeant Don Gulla, 206-396-7040

Email: <u>Don.Gulla@Arrestling.com</u>
Website: <u>www.Arrestling.com</u>

Course Description: This is an Instructor Level/Train the Trainer Course. It's a intensive 5 day course that will cover Weapon

Retention, Ground Survival and how run a Defensive Tactics Training Group. Sergeant Don Gulla's Arrestling Group has become one of the most respected Law Enforcement Training Groups in the world.

Some of the areas covered: G-W.R.A.P.S.tm – Gulla's –Weapon Retention and Positional Shooting, Dual Taser/Handgun Retention, Combat back-front-side falls with gun, shooting from the ground, ground control holds figure-4, kimura, armbar from top-seated-side, ground survival tactics, defense against takedowns, striking from top and bottom positions, escape from chokes, escape from mount and guard, getting back to standing safely, closing the gap to takedown, foot sweep takedowns, takedowns front-rear, ground weapon retention, getting suspects hands out from prone, small joint locks, defense against eye gouges, re-centering legs from ground, sweeps from ground to gain top control, arm locks to controlled cuffing, combat cuffing and two officer tactics. Defense against gun grabs from front, side, rear and ground. Course will also cover how to run a DT Training Group in areas such as safety issues, locations, liability issues, equipment, techniques and getting new officers into the group. Our motto is "Train Weekly or Fight Weakly"

Course includes: Advanced Weapon Retention and Advanced Ground Survival Instructor Manuals

Dates: March 14-18 2011 **Times:** 0800-1700 hrs

Cost: \$500

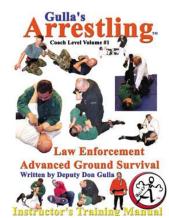
Certificate: Certificate will be good for 2 Years after completion of class **Prerequisites:** Officer should be working towards being a Defensive Tactics

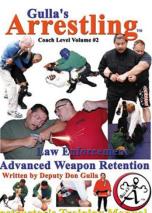
Instructor, Academy Instructor, Field Training Officer, Department DT/Firearms Instructor or Leading/Starting a

DT Training Group.

Class Limited to 30 Students – First to register and pay will lock in spot.

Equipment Needs: 100 rounds of Simunition SecuriBlanks Duty Belt , Mock Handgun, Taser (if carried), Handcuffs, Judogi Top or BDU Top, Knee Pads, Eye Protection, Groin Protector, Mouth Guard, Wrestling Shoes, Boxing Headgear, MMA Style Grappling/Striking Gloves, Shin Guards , Long Sleeve T-Shirts and Focus Mitts. Glock T-17 Simumition Training Gun or Converted SimmGun or AirSoft (must fit your holster and be able to draw quickly)





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Name:					
Agency:					
City	State	Zip			
Phone: Cell/Hm	W	Wk			
Email		Hm Email			
the existence of certain ris voluntarily and without L release all of the foregoin during this class can be us	ks of personal injury in partic iability to City of Lakewood, I g parties from all liability arisi	ipating in the Defe Don Gulla, ,his ago ing out of injuries to otional uses withou	ensive Talents, any to mysel at my pe	actics Training and that I at co-instructors, his employ f incurred pursuant to said rmission or compensation.	ourse of instruction I acknowledge am assuming this risk freely and yees, or other students and hereby I training. Photos and video taken I have no knowledge of any
Student's Signature			D	ate	
I have Paypal Account p	lease invoice me at this ema	il:			
My dept will pay by P.O	Contact Person				
Email	Phone				
Visa/MC #Last 4 digits	of Credit Card	Expiration	/	Contact Person	Phone
I will call to get the rest	of the Credit Card Info T	o help prevent fra	aud do	not email/mail the form v	vith all credit card info
Return this form with ch	eck payable to Don Gulla to	Po I Rav 206	-396-70	WA, 98022	

Host Agency Contact Information:
Detective Jeff Paynter
Lakewood PD/South Sound Gang Task Force
Defensive Tactics Training Coordinator
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Lakewood, WA 98499
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